

Masterclass Outline

Title: Balance Between Life, Family, and Ministry

Conference Theme: 2025 Masterclass Symposium

Presenter: Lady Shavon Codio

POSTURE: Spiritual Alignment Before Balance

- **Definition:**
 - *Divine* = Of, relating to, or proceeding directly from God (Merriam-Webster)
 - *Balance* = Living in God's order so that no area is neglected or idolized
 - **Core Truth:** God brings balance when we yield to His divine order and Spirit
 - **Key Scripture:** Galatians 5:25 – *"Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives."*
 - **Foundational Text:** Luke 10:38–42 (Mary & Martha)
 - **Lesson from Mary & Martha:**
 - **Posture** determines **priorities**
 - Without spiritual alignment, you can confuse activity for fruitfulness
 - Mary's alignment with Jesus clarified her priorities; Martha's distraction scattered hers (she was too busy).
 - **Quote:** "Posture before purpose. Clarity from God before the calendar."
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PURPOSE BUCKETS: Knowing What God Called You To

- **Concept:** Every calling, relationship, and responsibility is a "bucket" that needs intentional filling
 - If you don't know what your God-given buckets are, you will pour into everything and end up empty
 - **Buckets to Identify:**
 - **Spiritual Life** – prayer, word, worship
 - **Marriage/Family** – quality time, shared experiences, spiritual leadership at home
 - **Ministry Calling** – serving, leading, mentoring
 - **Personal Renewal** – rest, health, hobbies
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Non-Negotiables: Rules & Disciplines to Protect Balance

- **Daily Devotion** – personal and family prayer/word time
- **Family Connection** – date nights, outings, creating memories
- **Sabbath/Rest** – weekly downtime to renew mind, body, and spirit
- **Boundaries in Ministry** – not dragging children to every church function, guarding evenings, saying "no" when led by the Spirit
- **Home Discipleship:**
 - Teach your children to pray, read the Word, and seek God at home

APPLYING BALANCE

- **Scripture:** 2 Timothy 2:21 – *"...a vessel unto honour, sanctified, and meet for the master's use..."*

Practical Activation

1. **Identify Your Buckets** – List them and pray over them
2. **Set Non-Negotiables** – Rules that guard your God-given priorities
3. **Calendar with Intentionality** – Schedule ministry, family, rest, and personal renewal
4. **Posture Check** – Weekly spiritual alignment check-ins with God. Are you Martha or Mary?

Concluding Thought

- Martha welcomed Jesus into her home; Mary welcomed Him into her heart
- Divine balance is impossible without spiritual alignment
- **Quote:** "Right posture allows God's breath to flow into your purpose buckets."

Q&A / Prayer & Ministry Time

- Invite testimonies and questions
- Pray for realignment in leadership, family, and personal life